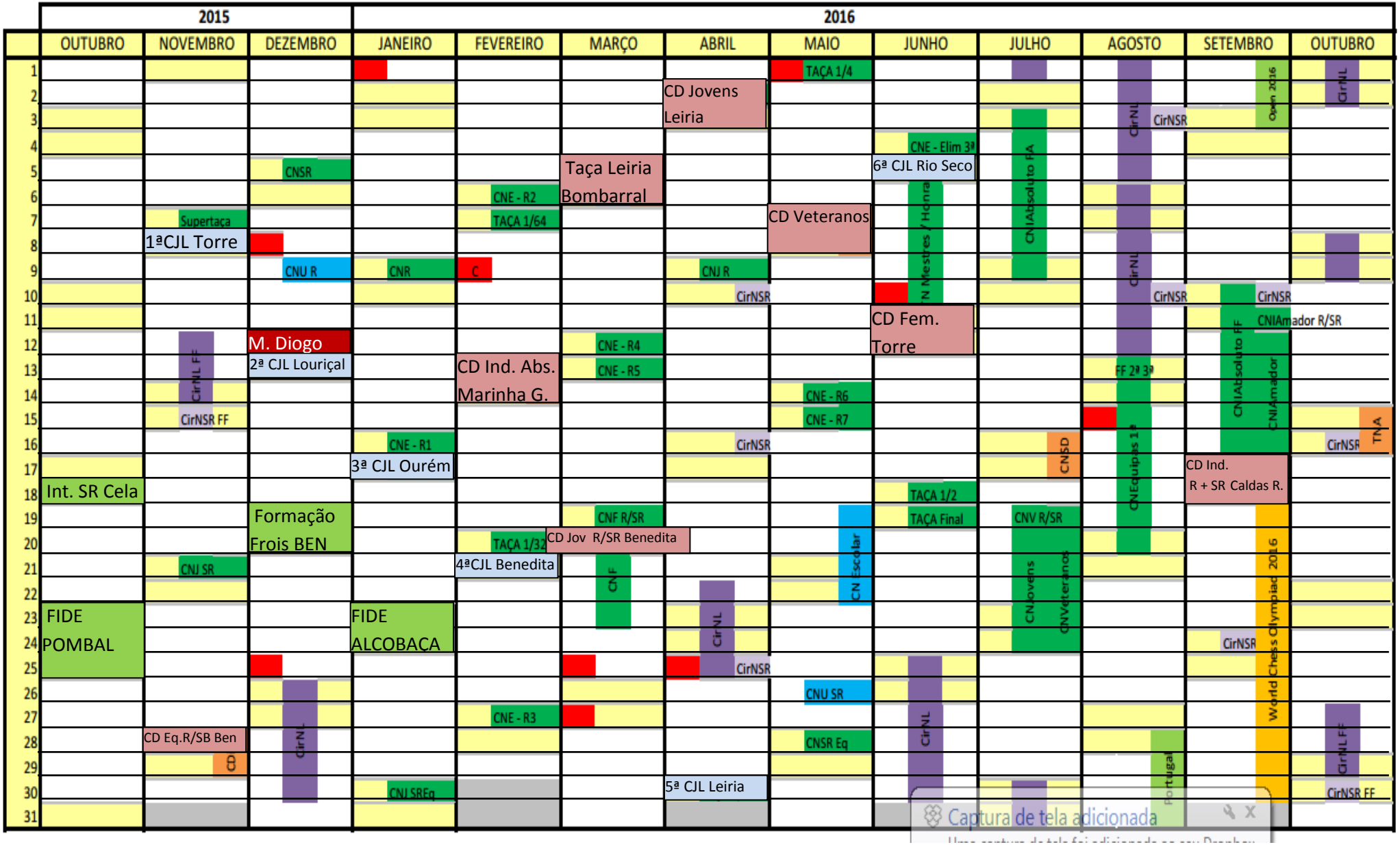Calendário de Competições 2015/2016